

## **Abstract**

Our paper focuses on identifying instances of everyday life that are relevant for the narrative evolution of the characters by the attitudes and beliefs they can generate, so that, ultimately they re/shape the entire picture of protagonists' personality/nature/dimensions.

Everyday experiences cast a light on how authors absorb reality within their fictional works in order to inspire possible models of facing and coping with it. Food consumption as a cultural marker opens new lines of inquiry and study on one's individual, group, respectively, national identity, and as an everyday practice, it successfully renders the expressiveness of this act, as demonstrated in the texts we selected to foreground connections between daily life and commodities.